



Belt Requirements for: Purple, Blue & Blue-Stripe

	Purple		Blue		Blue-Stripe	
	#	√	#	√	#	√
Combination(s) (RED Stripe)	4		8		12	
	18		9			
Kata (BLUE Stripe)	One Kata		Two Kata		Statue of the Crane	
Kempos (BLACK Stripe)	Double Swords (Beginner) T-Stance High/Low		Double Swords (Intermediate) T-Stance Low/High		Swinging Hammer Spine Driver 5 Block Ridge Hand	
Jiu-Jitsus (WHITE Stripe)	Lapel Grab (sumo, crashing circles) Bridge Escape (Hands ON, Headlock)		Front Bear Hug (hands TRAPPED) Back Bear Hug (butt thrust, leg toss w/hands TRAPPED)		Bridge Escape (Striking) Stand & Retreat	
Blocking System	Sixteen Palms (1-8)		Sixteen Palms (9-16)		Sixteen Palms (counterstrikes)	

- √ = You have learned the technique and can perform it.
- Students are expected to regularly practice all of their required material.
- Students will receive their stripes when they can perform the material with little or no help.